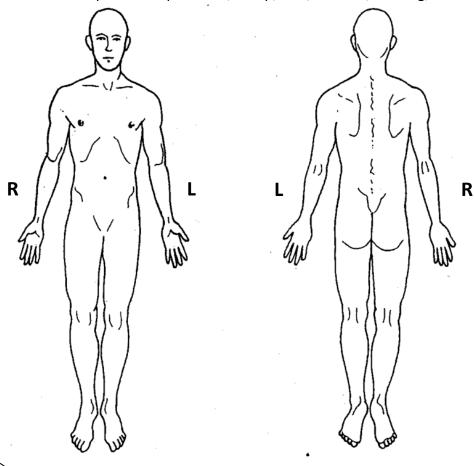
On the diagram below, shade or circle where you are experiencing pain. Also describe the pain. Example: Ache, Sharp, Pins/Needles, Burning, Numbness.



## Circle one:

ls your **neck** pain: Comes and Goes Constant

If Constant: What numbers is it at its least and worst If Comes and Goes: What number at its maximum

0 1 2 3 8 10 6 Worst possible No pain

pain

Is your **upper-back** pain: Constant Comes and Goes If Constant: What numbers is it at its least and worst

If Comes and Goes: What number at its maximum

0 5 1 2 3 6 7 8 10 No pain Worst possible pain

Is your **lower back** pain: Constant Comes and Goes If Constant: What numbers is it at its least and worst If Comes and Goes: What number at its maximum

10 Worst possible 1 3 5 No pain